



Hartford HealthCare  
St. Vincent's Medical Center

# Swim Talk NEWSLETTER



March 2024 Published by the Swim Marathon Committee

## Swim Across the Sound Marches In!!



Representatives from St. Vincent's Philanthropy Department and Swim Across the Sound Committee Members marched in the Bridgeport's St. Patrick's Day Parade on Friday, March 15th.

The team took this festive opportunity to announce this year's marathon date and officially kick off the Swim Across the Sound season! Mark your calendar to join us:

**2024 Swim Across the Sound Marathon  
Saturday, August 3rd**



Hartford HealthCare   
St. Vincent's Medical Center

## Swim Across the Sound August 3, 2024

Register today and join a dedicated group of swimmers and volunteers as we trek 15.5 miles across the Long Island Sound to raise funds for cancer patients and their families!

[Click Here to Register your Swim Team](#)

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## HOW ELSE CAN I PARTICIPATE?

*There are several ways you can help Swim Across the Sound raise money to support cancer patients in our community. Here are just a few:*

- Donate toward a swimmer or make a general donation by visiting: <https://charity.pledgeit.org/SwimAcrossTheSound>
- Participate virtually in an activity of your choice. Register and set your own fundraising goals at: <https://charity.pledgeit.org/VirtualChallenge24>.
- Volunteer as a boat captain, medical support or on-land. Volunteers make the difference in helping us keep our swimmers safe as they cross Long Island Sound: <https://swimacrossthesound.org/marathon2024>

**For more information about how you can help, please call 203-576-5451**

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## Sponsor Spotlight Recognizes



We are so grateful for the support of the **Bridgeport &**

*We spoke to Frederick Hall, VP and General Manager of the Company who shared their favorite part of supporting the Swim Across the Sound:*

**The Bridgeport & Port Jefferson Steamboat Company** has been an integral part of the greater Bridgeport community since 1883 and carries approximately 450,000 vehicles and 1.2 million passengers across Long

**Port Jefferson Steamboat Company** for all they do! The

Swim day officially starts when our swimmers, boaters, and supporters board the Ferry in the early AM hours, and we are honored to start the day with the Ferry's Team



Island Sound annually.

We have been involved with the Swim for over 20 years.

Our favorite part of participating in this event is welcoming aboard the staff and volunteers who organize the Long Island side of the event. And of course, bringing the teams from CT on event day. It is particularly of interest to our company that Swim invests so much time in finding and educating the volunteer captains who monitor participating swimmers. Safety is paramount!

**[READ COMPLETE ARTICLE HERE](#)**

***Thank you to the generosity of our Corporate Sponsors.***

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**We look forward to seeing you August 3!**

St. Vincent's Medical Center | Philanthropy Department  
2800 Main Street | Bridgeport, CT 06606

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